



A 1-Day SDM Practitioner Training

SHERBORNE DEVELOPMENTAL MOVEMENT (SDM)

Attending this 1 day SDM Practitioner Training (sessions 5&6) will:

- Build on existing SDM knowledge & experience greater insight & learning
 - Explore the requirements of planning an SDM session
- Develop the ability to design and plan learning in SDM, in terms of a series of sessions and for a developmental course of learning and teaching

When: Monday 18th March 2024

Time: 9:45am – 4:15pm. Registration from 9.30am

Fee: £150 for the day (sessions 5 & 6). Contact for concessions.

**Venue location: The Ovation Suite, Mayflower Theatre, Commercial Road,
Southampton, SO15 1GE**

Who is this course for? Anyone who has completed SDM sessions 1-4 (or level 1 pre-2022) wanting to apply their existing SDM knowledge to plan and develop successful SDM sessions to share in their setting, to build their pupils', students' and clients' communication skills, supporting them to develop strong, confident and resilient bodies and to support physical literacy and emotional resilience.

Course Leader: Louisa White IQCL, BA Hons, RSMT/E
(www.louisawhitesomatics.com)

Wear comfortable clothes that you can easily move on the floor in, come prepared to work in bare feet and in proximity with others.

Please bring a refillable water bottle and your own lunch.

Further details and booking forms can be obtained from:

Louisa.white@sherbornemovementuk.org 07530 895404

www.louisawhitesomatics.com