



SHERBORNE DEVELOPMENTAL MOVEMENT

Come and discover the importance of movement play in building communication skills, strong resilient bodies and how to nurture Physical Literacy through SDM

INTRODUCTORY DAY Level One Certificate

Saturday 22nd September 2018

Time: 9.30 am – 4pm (registration at 9.15am)

Cost: Full Fee £100 : Self Funding £80 : Concessions £50
Includes all handouts & notes. Tea/coffee provided

Where: Cosham Community Centre, Wootton Street, Cosham Portsmouth PO6 3AP

Course Leader : Penny Rance

Be prepared to work with bare feet and sometimes in close proximity with others, but always within your own comfort zone

**Further details from Penny Rance
E: pennyrance@sherbornemovementuk.org
www.sherbornemovementuk.org**

Booking forms available on request.