

## Sherborne Association UK IQCLs 2024

| Name                                    | Photo | Role  | Email                              | Biography   |
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| Amanda<br>Turner<br>Devon &<br>Cornwall |       | IQCL<br>&<br>Chair of SA UK<br>Committee &<br>Membership<br>Secretary | anda.turner@sherbornemovemntuk.org | Amanda Turner became an International Course<br>Leader (ICL) in 2013 after beginning her journey with<br>Sherborne Developmental Movement while working in<br>the PE department at Rolle College, a teacher training<br>institute in 2003.<br>As an early years specialist teacher, Amanda has<br>developed' Move with Me', a unique child and adult<br>movement group that uses SDM as its underpinning<br>theory and practice. 'Move with Me' is based in<br>Devon.<br>Amanda ran SDM sessions at the Primary School where<br>she worked as a PE teacher & Forest School leader,<br>covering PPA. SDM changed the way Amanda taught<br>and she wholeheartedly feels that it has helped her to<br>be ''at home'' in her own body!<br>Amanda is currently at home supporting her autistic<br>son through his education and doing some supply<br>teaching in a local primary school<br>Retrained as an IQCL - Internationally Qualified Course<br>Leader |

| Veronica<br>Burlingson<br>London |  | IQCL<br>& Ordinary<br>Committee<br>Member | <u>veronica.burlingson@sherborne</u><br><u>movementuk.org</u> | Veronica currently works in a large Academy in North<br>West London for children and young adults living with<br>a range of disabilities from MLD, EBD, Autism, PMLD and<br>Visual Impairment disorders.<br>The Trust presently has 5 schools in Hillingdon, 1 in Harrow<br>and 2 in the North East of England.<br>Veronica specialises in non-verbal communication<br>with children and young adults. Veronica completed<br>her Level 1 training in early 2000 and International<br>Course Leader certification in 2003.<br>Retrained as an IQCL - Internationally Qualified Course<br>Leader. |
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| Dr<br>Elizabeth<br>Marsden | 0 | IQCL<br>& Ordinary<br>Committee | U U                                | Liz is a PE teacher. She worked alongside Veronica<br>Sherborne through the 70's and 80's and taught<br>courses on her behalf.   |
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| Scotland                   |   | Member                          | oeth.mardsen@she<br>movementuk.org | Has used SDM in many different contexts, working with<br>people aged 4 months to 84 years. Recently retired<br>from the University of the West Scotland where she was<br>working as a researcher, author and teacher trainer.<br>A founder member of the Association and a<br>Committee member from the beginning; currently the<br>Association's ISCO representative.<br>Retrained as an IQCL - Internationally Qualified Course<br>Leader. |

| Lizzie<br>Chappell<br>Yorkshire | IQCL<br>& Ordinary<br>Committee<br>Member | e.chappell@sherbornemoveme | A qualified Sherborne Developmental Movement<br>Course leader. It was at Winchester University that she<br>was first introduced to the work of Veronica Sherborne<br>by Penny Rance, on the Dance-Capability module.<br>Lizzie began implementing this practice into her<br>dance teaching in and out of schools, hospitals,<br>universities, and community facilitation. She found<br>ways to implement Sherborne movement practice<br>into her performance and choreography as well as<br>making literacy links, physically exploring stories and<br>feeling. Lizzie completed the Sherborne International<br>Course Leader certification in 2018.<br>Having been an SEND teacher for nearly 20 years Lizzie is<br>now an Assistant Headteacher in a SEND school with<br>responsibility for Personal Development.<br>Lizzie utilises her wide Sherborne experience in both<br>her teaching and leadership to observe, analyse and<br>meet the needs of the most challenging young people<br>with behaviour and communication needs.<br>SDM informs Lizzie's daily practice by helping her to<br>present, understand her physicality in a room or in<br>challenging moments in the school day. |
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| Louisa<br>White<br>Hampshire |  | IQCL<br>& Ordinary<br>Committee<br>Member | Louisa.white@sherbornemovementuk.org | Since graduating in 2002 with a first-class Honours<br>degree in dance with psychology, Louisa's work has<br>centred around enabling others to experience the<br>positive effects of movement and dance through<br>yoga, somatic experiencing, and creativity.<br>Louisa loves delivering SDM sessions and teacher<br>training, bringing a wealth of education, therapeutic<br>and healthcare experience to the sessions delivered.<br>Louisa is an experienced and successful<br>Internationally Qualified Course Leader (IQCL) of SDM,<br>who has additional developmental and somatically<br>informed therapy and movement training.<br>You can read more about Louisa at<br>www.louisawhitesomatics.com<br>Retrained as an IQCL - Internationally Qualified Course<br>Leader. |
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| Michaela<br>Bullivant<br>Yorkshire | IQCL<br>& Ordinary<br>Committee<br>Member | ullivant@sherbor | Michaela has worked in London, East Yorkshire & Hull special schools. Currently working in North Yorkshire. Trained at the Laban Centre for Movement & Dance/ University of London Goldsmiths' College, she taught children 2-18 years -with Head of Dance & PE whole-school responsibility, variously specialising in Autism, PMLD, EBD, & V.I in the classroom.<br>Completely inspired by Veronica's work age19 - taught by Veronica's friend and colleague Walli Meier, and attending a course with Cyndi & George Hill, Michaela invited Veronica to deliver a course in her London Special School - and has been using SDM ever since. Seeing and wanting to understand more deeply the reason the Sherborne approach to movement was so effective with her pupils and adults in LD settings - Michaela studied for a Masters' in Dance-Movement Psychotherapy 1987-89 (Thesis; Movement Therapy for the Autistic Child). She taught the SDM course at the Laban Centre for Movement & Dance following Walli Meier's retirement and continued to develop her understanding of developmental movement, later graduating as a Somatic Movement Educator (School of Body Mind Centering, Embody-Move UK) in 2010.<br>Michaela continually trained staff in SDM throughout her career and joined the Sherborne Association UK & formalised her SDM teaching in 2004 qualifying as an ICL, later updated to IQCL in 2021.<br>Michaela has worked extensively in Acute Psychiatric Units, Child & Family Therapy,& for the NHS with various groups -Stroke /Brain Injury, Elderly/Dementia, Learning & Physically Disabled in Council Day Centres and East Riding of Yorkshire/North Yorkshire Evidential homes along with delivering Creative Movement & Dance in the community. |
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| Dr<br>Janice<br>Filer<br>Bristol |  | I studied Physical Education based on Laban's theory of<br>human movement at Redland Teacher Training College<br>at the end of the 1960s. Here I first encountered<br>Sherborne Developmental Movement as part of the<br>course. I continue to use the approach in the field of<br>psychotherapy and education where I combine person-<br>centred practice, research, and training with writing.<br>I started my career as a secondary school PE teacher<br>in 1972 using SDM in Modern Educational Dance. I<br>retrained as an Early Years Practitioner, becoming a<br>SENCo (Special Educational Needs Coordinator) and<br>Early Years Consultant. This work included setting up a<br>multi-agency project to meet the needs of vulnerable<br>families not accessing other agencies. SDM was at the<br>centre of this work. |   |
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|                                  |  | contactus@sherb   | I am currently working in private consultancy and for<br>a local educational authority facilitating a range of<br>professional training including Sherborne<br>Developmental Movement since becoming an<br>International Course Leader in 1998. |
|                                  |  | CO  | My biggest contribution to SDM has been to integrate<br>the approach into mainstream education including<br>university and to develop its use in therapy particularly<br>trauma psychotherapy and mother/child<br>attachment.                   |
|                                  |  |   | Retrained as an IQCL - Internationally Qualified Course<br>Leader   |

| Steve<br>Cullingfor<br>d-<br>Agnew | Currently, not<br>delivering SDM<br>courses | IQCL | uk.org                               |
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| East<br>Midlands                   |   |      | <u>contactus@sherbornemovementuk</u> |
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| Liz<br>Taplin<br>Devon<br>Not<br>delivering<br>sessions,<br>currently | Liz Taplin qualified an International Course Leader (ICL)<br>in 2011 and retrained an IQCL (Internationally Qualified<br>Course Leader) in 2022. Liz was introduced to<br>Sherborne Developmental Movement when she joined<br>University of Plymouth as a lecturer in primary physical<br>education in 2007. Immediately, she felt 'at home' with<br>this modality. It made sense of her training at Bedford<br>College of Physical Education back in the 1970s, where<br>her teacher training was built on Laban's principles of<br>movement, which is the exact same cornerstone on<br>which SDM is built. Liz had been 'teaching Sherborne'<br>for nearly forty years without realising it!<br>Liz's specialism as a physical education teacher was<br>working with underachievers and ensuring everyone<br>developed a love of being active regardless of age<br>and/or ability. In this way, the SDM understanding and<br>way of working aligns perfectly with Liz's advocacy of<br>physical literacy being the explanation behind what<br>determines an individual's relationship with movement<br>and physical activity.<br>Liz is committed to sharing what she knows with<br>whoever will listen! And top of her list of favourite<br>things to do is introducing Sherborne Developmental<br>Movement to people for the first time, especially to<br>professionals who will go on to share their experiences<br>with others. |
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